

## **When Grizzlies Walked Upright" - Modoc**

Before there were people on earth, the Chief of the Sky Spirits grew tired of his home in the Above World, because the air was always brittle with an icy cold. So he carved a hole in the sky with a stone and pushed all the snow and ice down below until he made a great mound that reached from the earth almost to the sky. Today it is known as Mount Shasta.

Then the Sky Spirit took his walking stick, stepped from a cloud to the peak, and walked down to the mountain. When he was about halfway to the valley below, he began to put his finger to the ground here and there, here and there. Wherever his finger touched, a tree grew. The snow melted in his footsteps, and the water ran down in rivers.

The Sky Spirit broke off the small end of his giant stick and threw the pieces into the rivers. The longer pieces turned into beaver and otter; the smaller pieces became fish. When the leaves dropped from the trees, he picked them up, blew upon them, and so made the birds. Then he took the big end of his giant stick and made all the animals that walked on the earth, the biggest of which were the grizzly bears.

Now when they were first made, the bears were covered with hair and had sharp claws, just as they do today, but they walked on two feet and could talk like people. They looked so fierce that the Sky Spirit sent them away from him to live in the forest at the base of the mountain.

Pleased with what he'd done, the Chief of the Sky Spirits decided to bring his family down and live on earth himself. The mountains of snow and ice became their lodge. He made a big fire in the center of the mountain and a hole in the top so that the smoke and sparks could fly out. When he put a big log on the fire, sparks would fly up and the earth would tremble.

Late one spring while the Sky Spirit and his family were sitting round the fire, the Wind Spirit sent a great storm that shook the top of the mountain. It blew and blew and roared and roared. Smoke blown back into the lodge hurt their eyes, and finally the Sky Spirit said to his youngest daughter, "Climb up to the smoke hole and ask the Wind Spirit to blow more gently. Tell him I'm afraid he will blow the mountain over."

As his daughter started up, her father said, "But be careful not to stick your head out at the top. If you do, the wind may catch you by the hair and blow you away." The girl hurried to the top of the mountain and stayed well inside the smoke hole as she spoke to the Wind Spirit. As she was about to climb back down, she remembered that her father had once said you could see the ocean from the top of their lodge. His daughter wondered what the ocean looked like, and her curiosity got the better of her. She poked her head out of the hole and turned toward the west, but before she could see anything, the Wind Spirit caught her long hair, pulled her out of the

mountain, and blew her down over the snow and ice. She landed among the scrubby fir trees at the edge of the timber and snow line, her long red hair trailing over the snow.

There a grizzly bear found the little girl when he was out hunting food for his family. He carried her home with him, and his wife brought her up with their family of cubs. The little red-haired girl and the cubs ate together, played together, and grew up together.

When she became a young woman, she and the eldest son of the grizzly bears were married. In the years that followed they had many children, who were not as hairy as the grizzlies, yet did not look exactly like their spirit mother, either. All the grizzly bears throughout the forests were so proud of these new creatures that they made a lodge for the red-haired mother and her children. They placed the lodge near Mount Shasta-it is called Little Mount Shasta today.

After many years had passed, the mother grizzly bear knew that she would soon die. Fearing that she should ask of the Chief of the Sky Spirits to forgive her for keeping his daughter, she gathered all the grizzlies at the lodge they had built. Then she sent her eldest grandson in a cloud to the top of Mount Shasta, to tell the Spirit Chief where he could find his long-lost daughter.

When the father got this news he was so glad that he came down the Mountainside in giant strides, melting the snow and tearing up the land under his feet. Even today his tracks can be seen in the rocky path on the south side of Mount Shasta. As he neared the lodge, he called out, "Is this where my little daughter lives?" He expected his child to look exactly as she had when he saw her last. When he found a grown woman instead, and learned that the strange creatures she was taking care of were his grandchildren, he became very angry. A new race had been created that was not of his making! He frowned on the old grandmother so sternly that she promptly fell dead. Then he cursed all the grizzlies:

"Get down on your hands and knees. You have wronged me, and from this moment all of you will walk on four feet and never talk again."

He drove his grandchildren out of the lodge, put his daughter over his shoulder, and climbed back up the mountain. Never again did he come to the forest. Some say that he put out the fire in the center of his lodge and took his daughter back up to the sky to live. Those strange creatures, his grandchildren, scattered and wandered over the earth. They were the first Indians, the ancestors of all the Indian tribes. That's why the Indians living around Mount Shasta would never kill a grizzly bear. Whenever a grizzly killed an Indian, his body was burned on the spot. And for many years all who passed that way cast a stone there until a great pile of stones marked the place of his death.

**The Earth on Turtle's Back**  
**Onondaga**  
**Retold by Michael Caduto and Joseph Bruchac**

Before this Earth existed, there was only water. It stretched as far as one could see, and in that water there were birds and animals swimming around. Far above, in the clouds, there was a Skyland. In that Skyland there was a great and beautiful tree. It had four white roots which stretched to each of the sacred directions, and from its branches all kinds of fruits and flowers grew.

There was an ancient chief in the Skyland. His young wife was expecting a child, and one night she dreamed that she saw the Great Tree uprooted. The next day she told her husband the story.

He nodded as she finished telling her dream. "My wife," he said, "I am sad that you had this dream. It is clearly a dream of great power and, as is our way, when one has such a powerful dream we must do all we can to make it true. The Great Tree must be uprooted."

Then the ancient chief called the young men together and told them that they must pull up the tree. But the roots of the tree were so deep, so strong, that they could not budge it. At last the Ancient Chief himself came to the tree. He wrapped his arms around it, bent his knees and strained. At last, with one great effort, he uprooted the tree and placed it on its side. Where the tree's roots had gone deep into the Skyland there was now a big hole. The wife of the chief came close and leaned over to look down, grasping the tip of one of the Great Tree's branches to steady her. It seemed as if she saw something down there, far below, glittering like water. She leaned out further to look and, as she leaned, she lost her balance and fell into the hole. Her grasp slipped off the tip of the branch, leaving her with only a handful of seeds as she fell, down, down, down, down.

Far below, in the waters, some of the birds and animals looked up.

"Someone is falling toward us from the sky," said one of the birds.

"We must do something to help her," said another. Then two Swans flew up. They caught the Woman From The Sky between their wide wings. Slowly, they began to bring her down toward the water, where the birds and animals were watching.

"She is not like us," said one of the animals. "Look, she doesn't have webbed feet. I don't think she can live in the water."

"What shall we do then?" said another of the water animals.

"I know," said one of the water birds. "I have heard that there is Earth far below the waters. If we dive down and bring up Earth, then she will have a place to stand."

So the birds and animal decided that someone would have to bring up Earth. One by one they tried.

The Duck dove first, some say. He swam down and down, far beneath the surface, but could not reach the bottom and floated back up. Then the Beaver tried. He went even deeper, so deep that all was dark, but he could not reach the bottom either. The Loon tried, swimming with his strong wings. He was gone a long, long time, but he, too, failed to bring up Earth. Soon it seemed that all had tried and all had failed. Then a small voice spoke.

"I will bring up Earth or die trying."

They looked to see who it was. It was the Tiny Muskrat. She dove down and swam and swam. She was not as strong or as swift as the others, but she was determined. She went so deep that it was all dark, and still she swam deeper. She swam so deep that her lungs felt ready to burst, but she swam deeper still. At last, just as she was becoming unconscious, she reached out one small paw and grasped at the bottom, barely touching it before she floated up, almost dead.

When the other animals saw her break the surface they thought she had failed. Then they saw her right paw was held tightly shut.

"She has the Earth," they said. "Now where can we put it?"

"Place it on my back," said a deep voice. It was the Great Turtle, who had come up from the depths.

They brought the Muskrat over to the Great Turtle and placed her paw against his back. To this day there are marks at the back of the Turtle's shell which were made by the Muskrat's paw. The tiny bit of Earth fell on the back of the Turtle. Almost immediately, it began to grow larger and larger and larger until it became the whole world.

Then the two Swans brought the Sky Woman down. She stepped onto the new Earth and opened her hand, letting the seeds fall onto the bare soil. From those seeds the trees and the grass sprang up. Life on Earth had begun.

from **The Navajo Origin Legend**  
**Navajo**  
**Retold by Washington Matthews**

On the morning of the twelfth day the people washed themselves well. The women dried themselves with yellow cornmeal; the men with white cornmeal. Soon after the ablutions were completed they heard the distant call of the approaching gods. It was shouted, as before, four times – nearer and louder at each repetition – and, after the fourth call, the gods appeared. Blue Body and Black Body each carried a sacred buckskin. White Body carried two ears of corn, one yellow, one white, each covered at the end completely with grains.

The gods laid one buckskin on the ground with the head to the west: on this they placed the two ears of corn, with their tips to the east, and over the corn they spread the other buckskin with its head to the east; under the white ear they put the feather of a white eagle, under the yellow ear the feather of a yellow eagle. Then they told the people to stand at a distance and allow the wind to enter. The white wind blew from the east, and the yellow wind blew from the west, between the skins. While the wind was blowing, eight of the Mirage People came and walked around the objects on the ground four times, and as they walked the eagle feathers, whose tips protruded from between the buckskins, were seen to move. When the Mirage People had finished their walk the upper buckskin was lifted; the ears of corn had disappeared, a man and a woman lay there in their stead.

The white ear of corn had been changed into a man, the yellow ear into a woman. It was the wind that gave them life. It is the wind that comes out of our mouths now that gives us life. When this ceases to blow we die. In the skin at the tips of our fingers we see the trail of the wind; it shows us where the wind blew when our ancestors were created.

The pair thus created were First Man and First Woman (Atse' Hastin and Atse' Estsan). The gods directed the people to build an enclosure of brushwood for the pair. When the enclosure was finished, First Man and First Woman entered it, and the gods said to them: "Live together now as husband and wife."